



Press Release

2<sup>nd</sup> March 2019

Movement Works



## **A pioneering scientifically proved programme - MovementWorks Action for Brockley - needs your support.**

Your vote could make all the difference to a local charity that helps children's learning and overall well-being.

*"Movement Works is a charity that uses scientifically proven methods to improve learning in children of all ages and abilities. We are thrilled that the Co-op Local Community Fund have chosen us as one of charities that Co-op shoppers can support" says Ali Golding, Managing and Creative Director of MovementWorks .*

*"We need to raise vital funds so we can provide our proposed programme of classes for Brockley children, but it won't cost shoppers a penny because every time someone buys Co-op own brand products, they get a five percent reward for themselves and a one percent reward for local causes such as MovementWorks Action for Brockley" she added. "The more we can raise means more classes and children we can reach".*

To help MovementWorks go online to <https://membership.coop.co.uk/causes/28719> if you are not a member and would like to support MovementWorks then you can join at your local store or online at <https://membership.coop.co.uk/register>

For further information

Contact: [info@movementworks.org](mailto:info@movementworks.org)

### **Editors Notes**

Ali Golding, MSc, Post Grad Cert SEN, FRSA, specialist dance educator, dance scientist Founder, Managing and Creative Director of MovementWorks® has pioneered inclusive movement programmes that focus on child development and whole-body learning. Her work is scientifically rigorous and has been presented at Harvard University to the world's leading movement scientists. You can view her TED talk 'Why Movement Works For Learning' <https://www.youtube.com/watch?v=nlZsG0HyfTI>

Ms Golding's research focus is on dance and cognition with a particular interest in early years and special education. [www.movementworks.org](http://www.movementworks.org)

The work has been cited in the All-Party Parliamentary Report on the Arts Health and Well Being and recognised by The Royal Society of Arts as a project having "real world impact".

Ms Golding has contributed editorials to Dance UK Magazine, Early Arts UK & Project Oracle.

MovementWorks® has been featured at The National Autism Shows and The Times Educational (TES) SEN Show. Additionally, the research has been presented at The British College of Occupational Therapists, The British Association of Art Therapies, Plymouth University Autism Therapies Conference, The National Autistic Society International Congress, The Expressive Arts Summit, New York University, Traditional Therapies and Expressive Modalities in association with Adelphi University in Asia.

**MovementWorks is a registered charity. Number 1176176**



MovementWorks The Basement Studio, 86 Adelaide Avenue, Brockley, London. SE4 1YR  
T: 020 8692 3745 | M: 07956 569 455 | E: [info@movementworks.org](mailto:info@movementworks.org) | W: [www.movementworks.org](http://www.movementworks.org)  
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